

MumNet™



Metro Mothers Network

Ice Breaker Questions

(could also be printed out for “Pass the Parcel!”)

“My perfect day would be described as...”

“The unhealthiest thing I have ever passed off as dinner is...”

“My favourite moment of the day is...”

“My mom was wrong about...”

“As a parent, I am great at...”

“An activity I hate but do anyway because my kids love it is...”

“Is it more fun to be a parent or a child? Why?”

“Is it harder for you to eat healthy or exercise?”

“Is it easier or harder to be a girl today than when you were young?”

“My most meaningful family heirloom is...”

“A gift I would love to receive from my husband would be...”

“What indulgence would you enjoy if there were no consequences?”

“Would you rather meet your great grandchildren or your great grandparents?”

“If you could recommend only one book, what would it be?”

“What possession of your husband’s would you like to throw away?”

“My worst parenting meltdown moment was...”

“One of my pet peeves is...”

“My dream job is...”

“My favourite thing to do as a family is...”