



## Programming Template

### Program Planning Example

Week	Suggested Programming	Actions / Supplies
1. Sept 12	<p><b>Theme: Getting to know you and getting to know MumNet - Introductions</b>  <b>Main Topic: Introductions</b></p> <p>a) Each member to create a name tag</p> <ul style="list-style-type: none"> <li>• Place a group list and a pen beside the name tags so members can check off their names to confirm attendance</li> </ul> <p>b) Mix and mingle (multiple times)</p> <ul style="list-style-type: none"> <li>• What's your favourite thing about being a mom?</li> </ul> <p>c) Overview of MumNet (logistics, organization, etc.)</p> <ul style="list-style-type: none"> <li>• Rep intros &amp; role outline (childcare, fundraising, finance, etc.)</li> <li>• Call for volunteers if any roles outstanding</li> </ul> <p>d) Introductions around the room</p> <ul style="list-style-type: none"> <li>• Name, kids' names and ages, something interesting about you, why you came to MumNet and what you're hoping to get from it</li> </ul> <p>e) Closer:</p> <ul style="list-style-type: none"> <li>• Ask if there are any topics the group is interested in exploring</li> <li>• Wrap up with any questions from the group</li> </ul> <p><b>Post session follow up: (ongoing)</b></p> <ul style="list-style-type: none"> <li>• Send email to the group with any highlights from session, shout outs, reminders for following week</li> <li>• Remind group to share feedback about their interests – guest speakers they know about, topics they would like to address, etc.</li> </ul>	<ul style="list-style-type: none"> <li>• Attendance list and pen</li> <li>• Blank labels (or masking tape) and marker for name tags</li> <li>• Notebook to document suggestions from group re: what they want from MumNet (for ideas)</li> </ul>
2. Sept 19	<p><b>Theme: Getting to know you &amp; making connections</b>  <b>Main Topic: What's in a name?</b></p> <p>a) Opener: Candy game</p> <ul style="list-style-type: none"> <li>• Each person chooses 2-3 jellybeans from the bag; don't eat the candy!</li> <li>• Ask members to answer the questions according to which colour beans they chose (see website for game template)</li> </ul> <p>b) Announcements (socials, fundraising, etc.)</p> <p>c) The Name Game</p> <ul style="list-style-type: none"> <li>• Each member should say their full name and tell something interesting about their name (e.g., Why are you named "Anne"? Why is your child named "John"?)</li> </ul> <p>d) Closer: Introduce "getting to know the neighbourhood" theme and ask members to think about their favourite spots.</p>	<p>Opener:</p> <ul style="list-style-type: none"> <li>• Candy game questions on a piece of paper (2 copies)</li> <li>• Bag of jelly beans from bulk store</li> </ul>

<p>3. Sept 26</p>	<p><b>Theme: Getting to know the neighbourhood</b>  <b>Main Topic: Neighbourhood/city favourites</b></p> <p>a) Opener : Something marvelous</p> <ul style="list-style-type: none"> <li>• Ask the members of the group to share something marvelous that happened to them this week.</li> </ul> <p>b) Announcements (socials, fundraising, etc.)</p> <p>c) Neighbourhood 'bests'</p> <ul style="list-style-type: none"> <li>• Leader to facilitate discussion, use worksheet as guide (see website)</li> <li>• Brainstorm ideas with the group – <b>send out reminder the week in advance &amp; if anyone is interested in typing up group responses</b></li> </ul> <p>d) Closer: Gather parenting topics group wishes to discuss</p>	<ul style="list-style-type: none"> <li>• Print of neighbourhood best worksheet to help facilitate discussion</li> </ul> <p>NOTE: If someone is willing, you could also ask someone to type out everyone's answers on their phone or tablet. You can then email the document to the group. It's a great ongoing mommy resource!</p>
<p>4. Oct 3</p>	<p><b>Theme: Making life a little easier</b>  <b>Main Topic: Favourite Things – Show &amp; Tell</b></p> <p>a) Opener: When I grow up I want to...</p> <ul style="list-style-type: none"> <li>• Go around the circle. Ask everyone to complete the sentence. It can mean whatever they want it to mean. i.e. I want to go back to school, be a stay at home mom, run a marathon, etc.</li> </ul> <p>b) Announcements (socials, fundraising, etc.)</p> <p>c) Favourite things:</p> <ul style="list-style-type: none"> <li>• Everyone sits in a big circle. Members take turns sharing their favourite things and explaining why they are special.</li> <li>• Members should be challenged to come up with items that are NOT related to technology and if willing, bring them in to share. Could be a kitchen tool, baby toy, piece of clothing, make-up or book.</li> </ul> <p>d) Closer: What are your favourite smartphone apps?</p>	<ul style="list-style-type: none"> <li>• <b>Send out reminder a week in advance and again the day before to think about and/or bring in favourite objects.</b></li> </ul>